



## Cascades Flag Football League Coach Form

Return to or fax: 20592 Cutwater Place · Potomac Falls, VA 20165 · Fax: 703-444-8805 • email form to: lcraig@dmbssports.com

### General Information

Name (First, Middle, Last) \_\_\_\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

City/State/Zip code \_\_\_\_\_ Age \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_ Email address \_\_\_\_\_

### Special Qualifications/Skills:

(List all varsity/club teams, coaching, teaching, certifications --- CPR, First Aid, etc.)

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### Availability (please check head coach or assistant coach)

Head Coach

Assistant Coach  Please note if you are paired up with a coach and who \_\_\_\_\_ If not the league will pair you up by request.

Shirt Size: \_\_\_\_\_

Please check when you are available to work this season:

Please list 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> preference for practice day (5:30-7pm): \_\_\_\_\_ Monday \_\_\_\_\_ Tuesday \_\_\_\_\_ Wednesday \_\_\_\_\_ Thursday

Preferred age group you'd like to work with (circle all that apply): K -1<sup>st</sup> grade 2<sup>nd</sup> - 3<sup>rd</sup> grade 4<sup>th</sup> - 5<sup>th</sup> grade Middle School

Do you have a son or daughter playing in Cascades Flag Football League?  Yes  No If Yes, Grade: \_\_\_\_\_

How did you hear about this position? \_\_\_\_\_

### A background check will be conducted on all coaches.

Have you ever been convicted of any offense against the law? (Circle) YES NO

If "YES", give date, place, charge, court, and fine or sentence: \_\_\_\_\_

May we conduct a background check of your qualifications and character? YES NO

If "NO" please explain: \_\_\_\_\_

Provide your Social Security # for the purpose of your background check: \_\_\_\_\_

## Coaches Code of Conduct Agreement

Coaches are required to follow the league's code of conduct. Coaches who violate these rules will be dealt with on an individual basis by the Cascades Flag Football Program Commissioner. Coaches who do not follow the Code of Conduct may be penalized, have their game forfeited, or their game abandoned by the referee.

### Code of Conduct for Coaches

- I will teach the sport of Flag Football to the best of my ability and teach my players to play with the spirit, written rules, and laws of the sport.
- I will teach all kids the skills of the game, the values of teamwork, and the meaning of good sportsmanship.
- I will be fair, honest, and considerate to my players.
- I will not give preferential treatment to any of my players and treat them equally with respect and attention.
- I will have patience with my players while they are learning new skills.
- I will provide positive direction to my players and will always be supportive of and encouraging to my players.
- I believe that the emotional and physical well-being of my players is more important than the desire to win, remembering that this sport is for the kids and not adults.
- I will be a positive role model for my players at all times.
- I will do my best to insure that all the kids have fun playing sports and see that all kids play regardless of skill level.
- I will display high standards in use of language, manner, punctuality, preparation, and presentation and will encourage my players to display the same qualities.
- I will never use inappropriate language or behavior towards any player, parent, coach, or referee.
- I will respect the referees and not question their decisions.
- I will communicate with the parents on my team and inform them of all team rules, practices, and games.
- I will respect all facilities and equipment made available for my team to practice and play games.
- I will never badger the opposition or argue with their supporters and will be appreciative of good play from both sides.
- I will not use tobacco or alcohol before or while coaching.
- I will use the player/parent contact information (ie email, phone #s) solely for the purpose of official Cascades league related communication.
- Above all I will display control, respect, dignity, and professionalism to all involved in my sport.

### ATTENTION: THIS STATEMENT MUST BE SIGNED!

I certify that the statements made by me in this application are true, complete and correct to the best of my knowledge, and that misrepresentation or omissions may result in rejection of my application, permanent ineligibility for appointments or dismissal.

I also have read, understand, and agree to abide by the Coaches Code of Conduct guidelines. I agree to accept actions taken for failure to abide by these guidelines.

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Signature of Applicant

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Date